

MESSAGE ABOUT  
FORGIVENESS



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The Heavenly Father is asked to please define what forgiveness is—tell us what it entails.

*As you seek to know Me, to approach Me in spirit, initially you may find that you are not able to do so because there are memories, perceptions, that block your view. And these memories and perceptions involve your brothers. They involve judgments you have made out of a sense of insecurity, a sense of lack, and in an attitude that is lacking in unconditional love. Forgiveness is when you allow these images, these perceptions, these judgments, to dissolve; and as you seek to commune with Me, forgiveness is the most important technique you can use. For as you seek to know My Presence, it is easier for you to seek to discover that Presence of My Spirit in your brothers, and at first there appears to be a veil across the heart of your brother so that you do not see that Spirit of Mine there. And yet, my child, it is your judgments that have caused this seeming state of separation and isolation, what might also be labeled as a sense of exile from the Father. Forgiveness is in allowing those things to disappear, but forgiveness is more than the traditional definition of the word, which implies simply to excuse a shortcoming of your brothers, although you still cling to the memory of it. Forgiveness in the true sense of the word is releasing all those judgments, and you may do so simply by observing your judgments and then agreeing—allowing yourself, that is—to*

*make a different judgment, to choose a different perception—one that is more loving, one that entails accepting a sense of perfection in your brother.*

*So, at first you observe your perceptions and your judgments of that which is unholy. Then you choose a holy judgment, a holy perception, a holy image; and even though you may think of this as also an illusion, it is a step toward releasing those unholy judgments. For in agreeing to consider that your brother might be a part of Myself, pure and holy, lacking in nothing, you then allow the door to be opened so that you may truly look through the image; for the holy image, the holy judgment, itself is so thin that you very easily are able to pass through it and gaze upon that which is Myself, waiting for your embrace. And in doing so—in accepting this embrace, accepting this holiness—then you allow yourself to release all those misinterpretations that have caused you to feel inadequate, to feel vulnerable, to feel lost, and to feel lack. So, My dear child, forgiveness is releasing your judgments of that which is not pure and whole in exchange for another judgment, another image—that of purity and holiness—for this is the key that leads you on to communion.*

How does forgiveness fit in with the plan of salvation? Why is it needed?

*Forgiveness is needed because those judgments you have made of your brother are blocks that prevent you from seeing that which he truly is, and as long as you cling to these judgments, these misperceptions, these nightmarish dreams—the mask you think you see before your brother’s heart—as long as you cling to these, you cannot know the truth, and you will not commune with Me. And your salvation is to have these*

*things melt away so that you instead cling to Me—so that you rush into My arms—and you also accept that I am in your brother’s heart, for he is a part of Me—I laid a part of My Heart in his. And until you agree to commune with Me in your brother’s heart, you need salvation—you still are in a state of seeming exile. Forgiveness is a gift, a gift that I have prepared for you as a way of effecting your salvation and allowing you to release all those misperceptions and judgments you have of yourself, as well as your brothers.*

Is there anything further to be said concerning the efficacy of forgiveness?

*Without forgiveness you remain lost in a world of darkness, a world in which you perceive your brothers as attacking you. You feel you must seek safety, and you know not where to turn. Forgiveness has the effect of allowing all of this to disappear. It is the greatest technique that could be given to you to release you; and although in the beginning you may feel resistant to using this, consider, my child: When you turn to Me and ask for help, I would only give you that which is best [see Matt 7:7-11]. As a loving Father, the Source of your own being, I would only give you that which is of most effectiveness and that which is easiest for you. And even when your willingness to accept and to make use of this gift of Mine is weak, you need only ask Me to help you to have that willingness. Then you will see opportunities come in which you will be willing, and it will be very easy for you. And those opportunities that might be more of a challenge will be reserved for later when you have become accustomed to allowing yourself to release those things, and also accustomed to the experience of Holiness, of Beauty, of Pure and Holy Light,*

*of indescribable Love—and you trust that this is what awaits you when you have that willingness.*

Concerning those challenges to our willingness, what are the obstacles we as humans encounter in forgiving? What is our resistance?

*When you look upon the world about you with your physical eyes, when you perceive the world with all of your physical senses, then it appears to you that there is no other way of perceiving it—that this is all you can see. And you see a world of beings who are totally separate, each competing with the other, often with an intent to harm—attempting to use the other to benefit from and leave that one with less. And looking upon the world with these physical senses, observing all of the violence and the hate in the world around you, you sense the greatest obstacle to forgiveness, but you must accept, My child, to seek to know what is true and to accept that Truth is Spirit. To know and experience this you must do so with the spirit within yourself. And you must accept to withdraw your attention from the physical senses and perceptions and from the desires of the physical world, so that you can then experience with the spirit within you, know the spirit within your brothers, and come to know that what the physical senses convey to you is a misinterpretation and has caused you to feel lost and abandoned and without love. You release these things, and as you begin to experience with your spirit—that Spirit of Mine within you—then you lose your fear of all those images, all those seeming threats, and the fear of lack and being alone.*

Is there anything more the Heavenly Father would tell us about how to accomplish forgiveness?

*In the beginning, forgiveness is an incident, and as time goes on it appears to be isolated incidents that you may at first suspect to be only a dream, an illusion. But if you desire to know Me and the truth of your brothers, you will continue and be diligent in your pursuit of those incidents, which become more and more frequent as you apply yourself to do this—and more and more convincing until a point is reached where you begin to suspect that the world you perceive with your physical senses is the one that is an illusion, is the one whose reality is suspect. And you will also realize that the world of the senses has never brought you joy, has never brought you peace—a peace of resting in a spirit of knowingness that there is only Love and only Joy.*

Are there methods or techniques that would assist us in forgiving?

*The method most effective is to consider that what you perceive with your earthly senses could be a dream or a story, a tale that is spun out of the imagination, and being such, it can be changed, because you can imagine differently—you can choose to spin a different tale, to tell a different story. And so, as some brother you encounter causes a reaction within you, you reject him; and as you have thoughts of unkindness toward him, just stop and think about it. Find a place of quiet; this is needed in the beginning. And then you decide: “Let me tell a beautiful story about this brother. I am going to make up a tale that is so beautiful! I am going to change this brother into a child of light and love—a child of God.” And tell yourself, “In his heart is all the beauty one could ever expect to experience. This child came to me this day, and he was wearing a mask, a rather unkindly mask, a mask that showed him as attacking me; and at first, I mistook the mask*

*for reality. But now, in the story I am telling about my brother, the mask was just a ruse. It was a game he was playing with me, and he fooled me with it; but behind that mask is holiness, there is purity. And so, in this moment I approach my brother and say, 'You were teasing me today. You fooled me at first, but now I see through it all. I come to you in great love. And I desire that you allow me to embrace you and to gently lift the mask away so that I may gaze upon that which you truly are, that I may allow **you** to embrace **me** and awaken the true being within me so that my own mask may fall away and the two of us merge in a dance of love and joy—and we may sing praises to our Father that in this moment we have experienced the true reality of what we are.'*”

*And so, My child, once you agree to do this, although it may be somewhat with an unwillingness, once you agree to do this, you will find the experience waiting for you, and the memory will remain with you. And at some point you will desire to try this again, for it was so beautiful that it released you from all your anxieties, all your sorrows, and all your feelings of imperfection. Then you come back again when you seek another brother, and you say, “I want to do this once again. I want to know what is really there and release those other things.”*

*As you begin to do this, you have these isolated experiences. And yet, sometimes you may have misgivings; for as you go forth into the world, all this seems to recede into the back of your mind, and all the perceptions with the body senses are so up-front—they are in your face and you are seeing them—and all of a sudden you have condemned another brother. And then you may feel a little bit guilty about that, but*



*another technique is this: Instead of feeling guilty, you say, "This is just a reminder to me! Now I know. I should not condemn myself for these negative feelings I had. I should just consider that this is what was necessary to remind me; otherwise, if things seemed to be going so smoothly, I would forget to look beyond the mask. But when I see a little ugliness, I remember, 'Oh, I want to see something else.'" And so, now, another technique is to always interpret those experiences as reminders and also as opportunities—opportunities that bring blessings to you and also to your brothers. For every embrace of the holiness in another brother causes more thickness in the veil before his heart and your own to fall away, and that veil becomes thinner and thinner and brings about the salvation of your brother and of yourself.*

*And then, there are other techniques: Remember, my child, every day to come to Me and say, "Remind me each day, Father, more and more often than ever before, that you are in the heart of a brother; and even though I am involved in all the activities of life, place this thought into my mind so that I may, in just an instant—for a few seconds—think, 'There is holiness behind all of this I am perceiving. There is the Father there waiting for me.' Remind me, Father, to do this. And I set my intention this day to find You, to discover You, behind the masks that parade back and forth in front of me." And do bear in mind, My child, that the intention you set has great power to it. The intention you deliberately set for your day has great bearing upon what happens, upon how you interpret the day—the events of the day—and upon how you allow yourself to either experience happiness or to be fooled by the clouds and masks you may see and then allow yourself to be depressed and lacking in joy.*

*So, remember these techniques. And remember, when someone is really getting on your nerves—someone is causing you to put up barriers and you begin to sense this feeling of rejection—remember, this is just a reminder; this is knocking on the door of your heart. It is a call to you: Look deeper, go beyond the mask, focus your attention upon this, have the intention to so focus upon it that all else melts away. And you may then know yourself resting in My arms, carried forth by Me in Love and Joy and with My abundance poured forth upon you, so that there is no experience of lack but only one of joy, only dancing in the Light, only singing with your brothers songs of thankfulness and gratitude to the Father that His plan is perfect—that He has provided a way out of every wayward glance or intention, out of every detour you have decided to take for yourself, so that you may find your way back. And in the experience of doing so, you may understand your brothers, understand how they feel where they are, and understand how to help them to join with you, arm in arm, coming before Me in great love and asking, “Father, today I have no intentions of my own. I desire to do Your Will. What is Your assignment for this day? Lead me to it, for I desire that each brother know the joy I have and the Love you extend always without limits.”*

How can others be encouraged to seek to forgive?

*For many, the beginning of such encouragement could be telling them of your own experiences, and for that reason you have been encouraged to do so—speaking to them, sharing the stories of your experiences with other brothers, and also sharing with them the stories of your thoughts of feeling deprived, lonely, and lost, and of being abandoned, as well as how you yourself came to release those things. Ask each day*

*that, as you encounter your brothers, the Father may provide the opportunity for you to share these things, for this is also a part of what you might call “the puzzle being completed.” Looking upon the heart of your brothers is surely the big step, but you also hasten their journey of return by such things as telling them stories—writing these stories down, sharing them—for as your brothers hear of these things, they will also desire to come to know of them; and as they desire and ask for this, then come the opportunities to share with them the techniques of accomplishing—bringing about—forgiveness. And as you share the stories of forgiveness you have offered and the benefits of such—the communing that came about as a result—then you awaken even more in them a desire to do this.*

*But forget not, there are many other ways. As you go about your daily tasks, you can release your brothers in your heart and in your mind. You may not even say a word to them. You may gently touch someone on the shoulder; you may offer a kind word or just a treat, a snack—a kindness of some kind that is a token, a symbol, of your appreciation of the purity that is within their hearts. And be not deceived: Some of your brothers may have a veil across their eyes and not see truly, but they will surely recognize how you feel about them; and when you accept the holiness within them, it is not possible that this could be disguised and they would not be able to sense it, and then appreciate your own appreciation of them.*

*And they will come to you to experience that radiation of Light and Love, which is Myself in your heart that you have simply allowed full sway; that is, you have allowed the door to your heart to open and all veils to fall away. Then the sun of My Light—the sunshine of My Being—beams forth upon*

*them, and they will feel refreshed and also feel a sense of love welling up within them as a response to your own love. Just ask each day that I provide the opportunities and help you to recognize when one of these techniques is appropriate, so that you pause a moment and allow Me, through you, to bless your brothers.*

Is there a message from Jesus?

*Blessed brothers and sisters of earth, I come extending my arms to you, beckoning to you, and saying, Come unto Me, for I am with you, even as I was on the earth two thousand years ago. You need only call My Name, you need only call for help, and I will surely be with you. And if you allow yourself to believe it, you can sense, you can feel, My Presence, which is the Presence of an Elder Brother who comes in the name of the Father—the Father of Love, the Father of Holiness. You can know the Presence of an Elder Brother who comes to you to embrace you so that you may feel that you are not alone, that you are secure, and that as you go forth into the world, there is always a Companion—One walking beside you, One speaking with you, One who listens to you, One who is always ready to hear of the problems you have encountered, your difficulties, and also One who will whisper to you in spirit and give you ideas, Holy Ideas from the Father that will help you to embrace the world and respond as a child of God.*

*I am always there; I never leave you. But it is to your advantage sometimes to consciously ask for Me so that you may then more easily trust that I am there, for surely you do believe that My Promises are true, that I have never failed you—even though you perhaps are not aware of it, I have*

*never failed you, and I was always there. I walk with you through every experience, and I protect you. There is no world of chance when you rely upon Me, for I come representing the Father, exemplifying Him to you, simply in a way that you might more easily accept. I walk with you; and when you ask for this, there are no mishaps in your life, there are no accidents. I encourage you. Whatever might come up that could seem to you to be “all hell breaking loose” is an opportunity, and it is not only an opportunity for you to look beyond the mask, it is an opportunity for you to allow Me to be in you and to touch another brother—to reach forth in spirit, to gently touch each heart in love as you reach forth with your hands and touch them. And as they are unloading their anger upon you, you may gently smile, look upon their hearts in love, and say, “Blessed Jesus, Holy Brother, be in me; touch them; bring peace to their hearts; bring an experience of love. May this be the event that causes them to turn back toward the Light.”*

*Always accept that every event that comes, no matter how traumatic or how nerve-racking it may be, can be the door that opens the way for your brother, and you can be the vessel that turns his gaze backward, turns him looking toward the Light. You may speak to him and say, “Look intensely and deeply, for as you look through the clouds, you will see that which will draw you easily further and further. For once you have a glimpse, you are reminded of that which you had long since forgotten, which you don’t so easily forget now. This experience is a blessing, and We give thanks for it.”*

He speaks to the vessel.

*Go forth, my child, allowing Me to be in your heart, for I am the Father come to you; I am the Father in your heart. You and I are one, and we are also one with the Father, for we have no existence apart from Him. All those things that you have perceived as being separate were just a fantasy, a fantasy you allowed yourself to take seriously; and now you release it and say, "What a bad bedtime story that was! Now, let's have a good one, a beautiful story! Let's talk about the Father and our holy brothers and journey back toward the Light. And as we encounter each form, we gently release it, gently brush it aside, and gaze into that pure and holy light it was trying to obscure, it was trying to hide. We allow that Light now to shine without hindrance. And we walk forth journeying toward the Light, gathering unto us all those we encounter, even those who may seem to have no interest. As we touch them gently, they will smile, and they will then feel drawn to join us as we go back."*

*I bless you; I bless you with My Love. I give you My embrace. And I thank you that you have accepted to be an empty vessel, for every empty vessel who joins with Me makes the way for your brothers who are wandering in darkness easier than it was before. More and more vessels walk in the murky darkness and cause the mist to rise and the Light to be known—to be seen—and the Love experienced. We go forth together, I in your heart. You allow yourself to be Me, and we bless the world simply through acknowledgment of that which truly is, acknowledgment of the Truth: acknowledgment of the Father and that there is no brother who is not pure and holy, admirable—one in whom a glimpse of the Light in his heart causes us to rejoice. I thank you that you allow this; and We go forth together.*