

MESSAGE ABOUT
THE SUPREME BEING
AND THE TRINITY

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It is certainly true that we on earth have sufficient tasks, responsibilities, and problems to keep us busy that we don't need to be overly concerned with things far beyond the matters at hand; however, those of us who love God really do want to know Him better. We ask God to tell us about Himself. Some have speculated that there is not really a singular deity who is the source of all that exists. Would God tell us about Himself before all creation took place?

I am forever and ever. I exist before all creation, and I exist in creation. I am the Source of all Light, all Love, all Energy—of everything that has been created. My Being cannot be comprehended by your earth mind; however, My Spirit within you feels and knows Its kinship with Me, and It desires to realize, to experience, Its coexistence with Me—to know Itself as a part of Me. It desires to understand the origin of Itself, and it is only natural that It should desire to do so. I exist as Being, Pure Being—always—and yet, within that Being was a desire to create, to create perfectly by creating that which is, always was, and always will be Myself—to create Myself manifest and expressed, for this is My great joy. Creation is My Love having a chance to express Itself toward other parts of Myself in creation, recognizing Myself and having joy in that, having joy in the diversity—the manifold

aspects of that creation. And the Love dances with joy in the Light that is limitless, has no end, can never be exhausted.

*In this Divine Play of My Light and My Love, you also came into existence, and as you desire to know of this, you come closer to experiencing and comprehending to some extent—actually, to remembering—that which you are and ever will be. And as you remember, you no longer need to understand, for you remember what **is**—you remember Me, you know Me, you recognize Me. And as you do so, you feel That within yourself that is identical with Me welling up within your heart and rejoicing in the recognition that there is nothing other than you—you, Myself, and all else that is created in the same way. You recognize the beauty, the purity, of all that is, and you recognize that you are forever safe in My Heart, because that is where you are; you exist in My Heart. And you also recognize My Joy in you, My Joy in seeing Myself as you, always perfect, always filled with love, and radiating a light that brings great joy to all who can see and know it.*

And so, my child, as you desire to know Me, you are desiring to know yourself, for in recognizing Me, you recognize yourself; and the joy causes you to leap and dance and laugh as you embrace all other creation. You come and melt into My Heart and then spring forth again into creation, rejoicing in every embrace—putting your arms around your brothers and bringing them with you to melt again into Me, so that you may know the source of your creation and go back again with them, dancing and laughing and allowing Me through you to continue the creation process. And you also recognize the Joy that I have in seeing you playing in the Light, dancing in the Love, and returning periodically to embrace Me.

My dear child, I have great Joy in your interest in knowing about this, for it allows you to be a perfect creation—by that I mean, allows Me without hindrance to create through you; for those who have, for a short period of time, forgotten about Me and forgotten their true identity are, for a short time, without that joy. But part of your function is to help awaken that within them: to gently lift the scales from their eyes, to reach forth and touch the heart of each one, to quicken that heart, reminding it of the joy within so that it will desire to remember and then allow you to take it by the hand and turn its gaze back toward the Light; allow you to part the clouds in its awareness, its earthly consciousness, so that it may begin to get a glimpse of that Light and feel that Love whence it came; allow you in taking it by the hand to draw it back out of the clouds so that it gets a glimpse and then springs with joy and says, “Take me further! I want to return so that my joy may be full and my heart may be fully open to expressing this Love, and I in turn may extend It to others myself.” And then that one returns with you, and you have your arms around each brother as you bring them to Me.

You look into the Light, for now your eyes can bear it, and your heart is open fully to that Love. And as you return, you say, “Father, I come with one so beautiful, so that we may both have joy in him! And I ask You, prepare him that he may now enter into Your Heart and be free of all those clouds so that he may commune with You. And when he has forgotten all the anguish and sorrow that was once his experience—when he has forgotten—he will return again laughing and dancing and filled with love, and desire to also go forth and find another to inspire and bring back himself to Your Heart.” This is your function. And even though some may say that your function is only to dance in the Light and send forth

Love, deep within you know that part of your function is to go forth gathering unto you and bringing to Me those who have lost the vision, so that you may beam forth Light from your countenance as you see them released from those clouds and returning to Me. This is your function. This is also your choice, and it must be chosen of your own free will. I would not force it upon anyone. But those who desire to know in fullness My Light, My Love, My Being, will surely recognize that this choice is innate in that desire to know Me. For you could never feel whole, complete, and full in your joy and love knowing there was one floundering about in darkness, feeling lost, not knowing the way, and crying out, “Father, if You exist, send someone to touch me, someone to embrace me so that I may know love again, someone to guide me.”

Can we commune and have a relationship with the Supreme Being? If so, how?

You have been taught, “Love the Lord God, with all your heart, with all your soul, with all your mind, with all your being” [see Deut. 6:5], and that love opens doors. But My dear child, not all of your brothers are capable of loving Me totally at this point as they wander in darkness, and yet, they need only cry out for help. Still, you must understand that some don’t even cry out. Those who cry out and who weep in sorrow have an advantage over those who have become so fascinated with the outer expressions of creation that they have no desire for anything more, and yet, they must also be awakened. You have as part of your function to pray for their awakening, and you must understand and also accept that, for some, they must first become disillusioned with creation, even experience some pain and have an intense feeling of being lost and lonely, before they will cry out. You must have

patience with this process and know that this pain, the suffering, the anguish, that wrenches your heart is a blessing that will open the doors so that they may desire to commune with Me.

Once they ask for this and have turned on their pathway back toward the Light, then know that an immediate communing with Me at that point is not possible, but I send to them my vessels so that they may know in some limited way at first—that they may know in part—My Love by the love you express toward them, which may in the beginning be just a touch on the shoulder or a question, “How are you today?” And as they begin to allow expressions of love, they may allow you to embrace them, even in the physical form, but perhaps before that they may allow you in spirit to come to them and embrace them. But your patience must be without limits. You must continue to come to the doorway of the heart of your brothers. You must speak to them gently. And even though they may have in the past rejected you or may feel in their earthly consciousness that it is not fitting to express love—that this is a sign of weakness—or perhaps they fear expressing love—fear that they may be harmed or suffer—you must stand there in your infinite patience, speaking to them gently, that is, allowing Me to speak through you. In your earthly consciousness you do not know what words, what deeds, would touch them in the beginning. You must always ask, “Father, show me, speak through me, touch through me, help me to always be empty, pure, undefiled, so that You may without limitation touch my brothers through me. And should I ever allow something to come between You and me—some slight veil—purify me in whatever way is necessary—burn away the dross—for I have desire that not one thing should

be in me that would cause a delay in my brother knowing the joy of rejoicing and dancing in the Light.”

So, as you come each time, over and over again, to your brothers, you are yourself preparing them for that communion of which you speak. And as they begin to trust you and allow you to put your arms around them, or take them by the hand and bring them with you, you are also hastening the day when they know in fullness who they are, whence they come, and in whose arms they rest. Then, as your brothers allow those things to be lifted and they themselves desire to come, you will see that, as with yourself, communion only takes the desire to direct your thoughts away from those things in your mundane life that distract—only takes the desire to release those apparent problems and conflicts and gaze upon My Light and My Love in their hearts. Then as you turn to Me, you experience and know Me as I am—you experience yourself in unmanifested form—and you know not only the Light and the Love but also the serenity of True Being, which can just rest within Itself and yet still be radiating Holiness in all directions. This communion is a gift and is part of the manner in which I create, for That which is Myself can always commune with Me and know Itself.

Is there a Trinity? If so, what was the purpose of this apparent division?

Once I desired to know Myself and My creation, I sent forth great waves of Light and Love and Energy so that I might know this as Myself extended forth, and the forms that resulted are manifold—without number. All of creation radiates My Light and Love, and as this goes forth through the vast reaches of time and space, there are more and more dense

levels. My children have sometimes become so fascinated with this expression of Light in the forms that they have tended to become lost, tended to forget that they rest in this Light and Love, and at times have experimented with Light and Energy, even experimented in ways that were not extensions but were an attempt to mold the energy into forms perceived as being apart from themselves and Myself. As a result of this, there has been a need to see—a need in the sons of God to perceive and see—the Father, the Ultimate Creative Force, as Itself expressed in different forms. There is a perception of Myself as being divided, but know, My child, all realizations of Myself are also recognized as belonging together.

There is a perception of Me as a Father by those who feel a need for a father's love and who also need to see this expression of love coming forth from the Creator. Then there is a perception of Myself as having a separate expression as Spirit, indwelling all that is created and knowing Myself as a source of infinite wisdom—wisdom about creation—knowing Myself as a Person to whom one could turn and ask how the creative forces manifest and for an understanding of these forces, as well as how the sons may harmoniously express with and through these forms. And then, there was also a need, a desire, to perceive Me as the manifest Son—to perceive the Son as a unique being. And so, this Trinity serves a purpose—serves a divine purpose—for the sons. It brings them comfort, and It also brings assurance to the mind that desires to understand. I can be approached through any aspect of the Trinity, and do bear in mind that some of the sons feel more affinity with one of these aspects than with the others, because each son is itself unique and manifests and expresses uniquely—some accentuating more the aspect of one part of the Trinity than another.

Are the three Persons different from the Supreme Being? If so, in what way?

The three Persons are expressions, expressions in different ways. One expression is more of a creative Person concentrating more on sending forth energy and forming it, mingling it with other energies into the manifold forms of creation. This is called by you the Father, progenitor of creation. Then after the creative process there is the Spirit of understanding of the Law—understanding how all things work together in harmony, not in conflict. The Spirit also brings comfort. And it brings knowledge, knowledge of the Trinity and knowledge of the Supreme Being. And It goes forth throughout all creation and is accessible to all who will turn and say, “I desire to know and understand to the extent that is necessary in order for the Father to perfectly express through me, and I desire also to know the Father.” And yet, there are those who cherish and delight in the idea of the Father as a Son, a Son with whom one perhaps more easily identifies because one can turn to the Son and say, “Help me to look to You and be able to see a mirror of myself—to see how I was truly created. And I can identify with a Son because it is more a spirit of brotherhood, of being a brother, which may be less intimidating, and also because I can see the Son as an intermediary.” This is also a great comfort to the children of God.

Is there more to be said on why we feel separate from God and from each other on earth?

It is truly not easy, being born on earth and growing up hearing of the interpretations that all the other beings you encounter have of what creation is and what you are. This makes it very difficult. It requires, in order to go beyond this,

that you inquire and have a great desire to know, or feel within yourself, deep within the heart, a desire to commune with, to know, that which you truly are and whence you came, because it is so easy to look with the eyes of the body, to listen with the ears of the body, to perceive only forms, and to even doubt that there is a reality beyond. And yet, it is your salvation to do so. But there is not a need to feel lost or to feel that you are not capable of doing this. In My infinite Wisdom, in My unlimited Love, I send forth to you, to each one, an expression of Myself to touch and awaken, to beckon, to embrace in whatever way is possible; and it is always necessary that these vessels be empty, that they not imagine they have the wisdom to know how all this should come about but that they be empty—allow Me to flow through, ask Me to flow through. And as this happens then they truly do know Me. So, the earth and the inhabitants upon the earth have gone through much suffering and violence and darkness. All upon the earth have groaned at times, but it is a perfect and holy process. You are not forgotten.

Bear in mind that sometimes those who have fallen the lowest, who sink into the mire of darkness, are those who will rise to the highest peaks, for in knowing the depths, you become capable of desiring and knowing the heights. But even those who are not conscious of the depths are not forgotten, and their sleep will come to an end. They will be awakened and will also desire to know—as they see more and more brothers filing past them toward the Light, they will begin to wonder and desire to know, “Where are these beings going who are laughing and dancing and radiating love?” And that will become contagious, and they will ask, “May I go with you?” And you with joy will embrace them and say, “Of course, I take you with me.” As you gather them together

*and bring them to Me, you will always desire to return to see if there is still one soul left wandering there not knowing where to turn, and these you will also bring. And you will realize that the darkness that seemed a curse, the suffering that made you lose heart, was itself a blessing, and it opened a door to returning to Me—to communion. Perhaps there are those sons you are not aware of—you will realize that there **are** those—who still remember their connection with Me but who are very much engrossed with creation and may have a desire not quite so strong to return periodically for an embrace; but the **ordeal you endured** has brought you into My very arms—into My embrace—and has been your blessing.*

Are we to understand that the earth is not in trouble and that this is the normal developmental pattern for a planet?

Not every planet goes through these processes in this way, and although earth may be perceived to be in trouble and certainly has brought itself into a state that has caused much suffering to be experienced, it also has opened a doorway, for any misdirection contains within it the answer to the correct direction. The earth is in a process of releasing some of the negativity and journeying back toward the Light, but by no means was it ever without hope, and by no means was it ever going through something that was not a process leading to a tremendous blessing.

What should we on earth be striving, or working, toward?

It is very important that those of you upon earth not forget, but rather remember, that it is a part of your function to desire to know the Father—to return to a conscious experience of this Love and Light and to a knowing of your true identity;

however, there are other parts of your function, and you must participate in the process, the activities, all the goings-on on earth that present themselves to you. For, in order for you to fully fulfill your function, you must take part in the progressive journey from darkness toward Light as it takes place in the lives of those among you, as well as in the earth itself and in all creation on earth. You must in many physical ways participate in even the most dense procedures of washing away the darkness and bringing forth the Light within. So, you must participate in the political aspects of your countries. You must be concerned about the ecology—the animals, the plants upon earth. You must be truly concerned about helping those who have not even the basic necessities of life. And you must concern yourself with the educational processes of those who are learning to live the life on earth, and with helping them to learn of the Divine Spirit within. So, you must balance your time and your energy. And you must take quiet time to commune with Me.

You must withdraw from the inner contentions and conflicts of your lives to recognize Me in the heart of each brother. And then you must also go and offer proposals to help those who may not yet be capable of understanding the spiritual aspects of life—proposals to help awaken in them a desire to be concerned for those around them, to put themselves into the shoes of others who are suffering, and to accept to offer every possible kind and helpful deed. For you have not truly fulfilled your function to the highest if you close yourself off and say, “This [task] is for someone else.” You may indeed commune with Me and then go forth into the marketplace, into the highways, and see someone who is truly in need of your sharing that which is of monetary value or something that may be food to eat. And even in so doing you may be on

your way to a university where you again share—ideas that lift the hearts and minds of those around you further toward the Light. Each day, ask, “Father, help me that I may be open and empty, and help me also to recognize each opportunity You present to me,” for you may have a hundred opportunities in one day. Desire and ask that you be helped not to neglect even one, not to pass one by. In so desiring and asking, you do your part in hastening the day when your brothers no longer wander in darkness, but dance in the Light.

Is there more that can be said on how each one of us can best fulfill his or her function on earth?

As you ask for Me to inspire you, to help you, to give you opportunities, bear in mind that you may sometimes have ideas come to you and you think, “This is what I must do today.” Always be willing and ready to have Me change your direction for the day—to have Me perhaps delay your plans or simply add another aspect. And if your progress on a certain path for the day is blocked, then turn within and say, “Father, lead me in whichever way is Your intention for the day. I release the former plans and know that You will open that again if it is Your will. For I know that Your will is my greatest happiness and joy and also that of my brothers.”

Can we commune with and have a relationship with God the Father? If so, how can we best do it?

The aspect of My Being known as the Father is a great comfort for the sons of God, My children, in particular for those who have lost a sense of conscious identification with Me and who seek a sense of security and a love such as that of a parent, of a father, of one who takes responsibility for each

one, of one who can be approached simply by their thinking of the Father and speaking, whether speaking softly within or with the lips. Simply imagine in your mind that there is a Heavenly Father—One whose Love is without limits and One who does not withhold His Love, no matter how far you may perceive yourself as having strayed from the relationship or from following the precepts and laws of holiness. The process is simple: Just think of Me, the Father; speak, speak of what is on your heart; tell Me your troubles—that which brings you anguish, that which causes you to suffer, even physically. Speak to me, knowing that I am your Father, that I listen with Love, and that I hold you in My arms. And once you have brought your troubles to Me, then accept that you can release them there and depend upon Me to bring about that which is holy, that which is pure, that which is perfect—and also that which is loving. But also accept that you cannot know yourself the solutions to your perceived problems, that you cannot know in your limited consciousness—in the consciousness of your reasoning mind, or your emotions, or in your feelings of the need to defend and preserve your being against other forces. Of yourself you cannot understand and know.

Occasionally there are things that must be released by you, and at times you will not release your clench on them unless there is some stress that causes you to release. So, as the situations come to you and you come to Me, ask to be helped. Accept that I know what is best and that I will bring things about in the best way and at the best time. Then you can truly have the feeling of security and belonging as with your Father, for I am That. Come trusting, allowing Me to arrange all things for My child in whom I always have pleasure and joy. And My joy is heightened when you turn to Me, rather

than looking away from Me unto those things that do not truly help.

Is there a way of knowing when we should turn to God the Father or when we should turn to another Person of the Trinity for help?

All Persons of the Trinity are parts of Myself, perceived by you as being different. You may turn to that Person of the Trinity with whom you might feel a greater affinity—turn to that Person who feels more comfortable to you at that time. However, come to the Father with all your concerns about your well-being, your sense of alienation, and the apparent conflicts with other brothers, so that I may lovingly show you the truth about yourself and, when you are willing, the truth of who your brother is.

As to the Person of the Holy Spirit: Often there are those among you who would turn, seeking understanding and wisdom, seeking those things the mind would know, seeking to better understand My creation and how you can commune with and function harmoniously with all parts of it, as well as how different aspects of creation function, so that you may then rejoice in the myriad forms you see around you and the different aspects, functions, and purpose of each one of them.

*Then as to the Son: The Son is the Person of the Trinity who has come forth from the Father, delighting in being **of** the Father—the Father Himself. And for those of you who may seek a more personal relationship, in the sense of a companion who you—in your present state of limited consciousness—might feel would be more understanding of you, of whom you would have a better understanding, and with whom*

you would have a better companionship, then turn to Him. For the Son is that which you are, and as you continue to pursue these relationships and this understanding, you will understand that you are also identified with the Son—the Son in creation looking always back to the Father and yet also looking into creation and seeking to create within the framework of the Father’s Will—that which is perfect. The Son helps you to understand this, and you feel the companionship when you speak to Him as though speaking to an Elder Brother—one who can teach you of the Father, even through example. And yet, my child, always remember, the Supreme Being is also accessible to you. It is just a matter of your being able to accept this. For there are those among you who fear that which is divine, and they are offered different ways in which they may approach and come closer, and then also come to understand the relationship with the divine and the purity of their own being.

For those whose experience with the earthly father has been of a negative nature, is it best for them to simply not concern themselves with God the Father, or should they make an extra attempt to commune with God the Father to repair that wounding?

For some the approach could be best through that of the Son—the feeling of a holy friendship. And the Son can also help in healing the relationship with the earthly father, so that those who are troubled by those relationships come to understand that the Father-nature, in and of itself, is always pure and holy, but the physical father may have been seeking himself and had perhaps not found the relationship with the Heavenly Father. And those experiences with him that were of what you would call a negative nature were simply an

expression of his floundering about, not knowing how to find that secure and holy feeling—and the infinite Love. And so, the Son, the Holy Son—that Person of the Trinity—can help you with this so that then you may also approach the Heavenly Father trusting that all is well, you are safe, and there is nothing to fear.

It has been said that the three facets of the Supreme Being correlate to the three dimensions of this plane. Are there more than three facets to the Supreme Being in the higher dimensions?

The three facets within the higher dimensions are themselves perceptions of a division of the Supreme Being, but they also serve different purposes in creation. There is the Father of creation. There is also the Father who secures and preserves things in creation until the time has come when the forms no longer serve a purpose. And then there is the aspect of returning all those back to the oneness, whence it can once again go forth into creation serving a purpose ordained by Him.

Is there a closing message about God the Father?

Understand that the door is never closed. The Father can always be reached. The decision is yours, and the time that you reach out depends upon your choice; but the Father is always there, and there is no barrier. All barriers perceived by you are brought about by your own feeling of guilt and alienation for having turned away from the holiness from which you come, and what you need is to release the guilt. I assure you, you need only turn. I am always there.

Is there a closing message from or about the Holy Spirit?

For those who have great interest in understanding how creation came about, how it exists, how it expands, and the laws that were put into force, come, inquire. The Holy Spirit contains all the wisdom you need to help you participate harmoniously with the creation of the Father. Come, asking to better understand so that you may work with creation and be a part of it—not asking to understand how you may use knowledge of these laws for a personal benefit, excluding others, for exclusion does not exist in the Mind of God. All is included in Its Oneness.

Is there a closing message from or about God the Son?

I walk with you every day, wherever you are, for I am in your heart. You are a part of the Son; you are a part of the creation of the Father—that creation through which the Father can observe and have joy in That which is of Himself, That which is Holy. And so, turn to Me as that friend, that brother—One who understands and One who walks with you. Speak with Me as you walk down the street, as you drive in your car, as you walk on the beach or in the woods, and you will truly know the Son in all gentle love walking with you, speaking to you of the Father. Just ask and believe. The Son is with you.