

*PART III*

*MESSAGES FOR THOSE OF  
THE HEART*



EXCERPTS FROM A  
TALK WITH JESUS



## EXCERPTS FROM A TALK WITH JESUS

There are various techniques one can use to experience or come in close contact with Jesus and His life on earth. One such technique is guided imagery with the help of an assistant. Another way is through spiritual exercises such as those given by St. Ignatius in which one imagines he is visiting a place where Christ preached. Whether I was visiting the actual lifetime of Jesus or experiencing His Presence in spiritual realms I do not know, but some excerpts from a talk with Him are given below.

I ask Him if we can bring a sense of the Presence (of God) to people.

*They will only experience it when you look for that Presence in them, rejoice in it, and commune with the Spirit of God in their hearts. It is only then that they will experience it. They think they see it in you, but it is because you have touched that within them and quickened it somehow—brought it to life.*

“It sounds good when you hear it, but when you try to do it, you think, ‘My God!’”

*Do not judge by what you see with your eyes. Always believe that God is there. And if your purpose is to bring His*

*Presence, it will come; but it must be your purpose—you must ask and desire that it be what you are doing.*

“But I don’t see that. It doesn’t seem like it’s happening.”

*Never doubt.*

“That’s hard to do.”

He laughs and says:

*You **will** do it, because the only way you can accept being here is to do that. Earth consciousness alone, and what you perceive in Earth consciousness, will drag you down, and you will not be able to tolerate it. This is a gift, and it requires that you always look to the Light. When the suffering you see bothers you, then you will turn to the Light, simply to get away from the suffering and to see something else. By turning toward the Light, you touch the hearts of the people in some way, but you must be patient with them and make no requirements of them. There is a process. They may seem dull to you, but they may be making remarkable progress considering the point where they are at that time. If you must judge them, then judge that they are doing marvelously well. They are ascending the stairway to Heaven, and they don’t have to be at the top to be doing exceptionally well or to be progressing at a very fast pace. When you love them enough to seek above all else to see Me in their hearts, then you do know My Presence there, and this is the assistance you give them, for it draws attention to their own inner knowing of that Light within.*

“Oh, but this is going to take many eons.”

*All things have their perfect timing. You must have patience and extend Love to them.*

I tell Him of my concern that when I am not aware of His Presence, I feel lost and give up.

*You must practice. Think of Me when you encounter each one, and it is I, just wearing a mask.*

I laugh and say, “But that mask seems so real.”

*Whatever comes about, whatever happens, you must believe that I'm always there with you. Things arrange themselves in what just seems to be an ordinary process. It will not seem miraculous, yet it is because you ask of Me that it just so naturally falls into place.*

I tell Him that I am depressed because He is no longer on earth with us.

*I must be born in your heart, and you must be Me on the Earth.*

“But how can this be?”

*I am in your heart. You must remember this; you must remember it. Otherwise, you will doubt and you will not know Me here. It is only when you remember that I have told you I am in your heart and I bless people through you—I touch people through you when you remember to ask me to and you allow me to—that you realize it is I who touch them, it is I who bring relief to them. But you must remember this, for you will see much suffering and you will be tempted to believe*

*that I am lost forever. It will not be easy for you to remember Me under those circumstances. I bless you as one of My means of being represented on the Earth. Go and bring Me and My Father to My people.*

“But I miss you so much. I want to see you. You’re my inspiration.”

*God is Spirit, and I am Spirit. You must learn to see Me in Spirit. Go forth allowing us, God and Myself, to express through you.*

“I’ll try, but you must help me. Don’t ever abandon me.”

*I’m always there, always in your heart.*

I request instruction for my life.

*The suffering in the first part of the life and the feeling of abandonment by God was the final difficult test for you to overcome—the feeling of being abandoned by God, that earth is Godforsaken, and that there is no hope for humanity. And when you reach this point, you can and will forgive, even those who crucified Me, knowing that they were still on the Path. They were not far enough along to be aware of what they did, and they thought what they were doing was right. But they did not know of Divine Love. They knew of rituals and teachings of the law, which they thought were perfect and which were better than before there was a law at all. Now you look upon each one, seeing that Light within, and as you reach forth and touch it, it glows a little brighter. It brings a gleam to their eyes, simply because you saw Me there—you appreciated It for the beauty of It. And this is simply what you*



*are here to do—just touch, recognize, appreciate, and cause the Light to shine brighter.*

I ask for further instruction.

*I send you forth, as one bearing Light, Light that will be a beacon to others to bring upliftment to their hearts because of the love you express toward them. There is nothing to accomplish otherwise. You're here to **be**. You're here to allow **Me** to **be** through you, and in order to do that, you must release all other goals and needs to accomplish and just be available.*

I ask about my desire to actually see Him.

*You remember what I looked like, and that is sufficient for the visual need. But you feel Me when I come and just enter into your heart and touch you.*

I ask what I should do if I doubt that it is He.

*He laughs and says, You don't doubt, because you know Me. My sheep know Me. They don't doubt.*

I ask about health problems.

*You will always be able to do anything I need you to do. I **will** give relief, but you will find that all things are more harmonious in expression once you have released your doubts and your feelings that being on earth is worthless. When you are totally in harmony with Me and rejoicing in Me, then the body reflects that. Go forth without concerns.*

“I thank You that You are so pure and holy because that is what I admire—what I love.”